

CROSS COUNTRY TEAM

2018.19 EXTRACURRICULAR INFO SHEET



THE GIFTED CHOICE™

NAME: Cross Country

DESCRIPTION: SAA's cross country teams are for students of any running experience level. Home and away meets are scheduled against other schools.

LEADER(S):

- Thalia Tarsinos (SAA faculty) - ttarsinos@scienceandartsacademy.org
- Carolyn Manley (SAA staff) - cmanley@scienceandartsacademy.org

ELIGIBILITY:

- 5th - 8th grade, co-ed
- Divided into boys and girls Junior Varsity (5th-6th grade) and Varsity (7th-8th) teams

MEETING DETAILS:

- Season is August - October
- Day - Mon/Wed practices, with competitive meets after school on Tuesdays (and one Thursday)
- Time - After school for one hour
- Frequency - 2x a week
- The final All-Conference meet is scheduled for October 23rd

REGISTRATION:

- Online registration required - <https://scienceandartsacademy.campbrainregistration.com/>
- A participation fee of \$75 due by the first practice

ADDITIONAL INFORMATION:

- See school calendar for dates/times/location - <http://www.scienceandartsacademy.org/calendar>
- Important updates and information available through the Schoology group