



Fall Lunch Menu

september 2018
october 2018
november 2018

monday

tuesday

wednesday

thursday

friday

			November 1, 2018 Turkey Sloppy Joes <i>Boca Sloppy Joes</i> Peas & Carrots Pineapple Whole Grain Bun	November 2, 2018 Buffalo Chicken Sandwich <i>Buffalo Tofu Sandwich</i> Baby Carrots Melon Salad Whole Grain Bun
November 5, 2018 All Natural Beef Hot Dog <i>Tofu Pup</i> Green Beans Apple Slices Whole Grain Bun	November 6, 2018 Turkey Tacos <i>Boca Tacos</i> Black Beans Orange Slices Flour Tortilla Salsa	November 7, 2018 Pasta w/ Marinara and Mozzarella Cheese Broccoli Cantaloupe	November 8, 2018 Bean & Cheese Burrito Cucumber Slices Pineapple Salsa	November 9, 2018 Turkey Sloppy Joes Patties <i>Veggie Muffin Patties</i> Baby Carrots Melon Salad Whole Grain Bun
November 12, 2018 Chicken Nuggets <i>Veggie Nuggets</i> Corn Apple Slices Ketchup Whole Grain Bread	November 13, 2018 Ravioli w/ Marinara Sauce Green Beans Pear Slices	November 14, 2018 Assian BBQ Drumsticks <i>Asian BBQ Tofu</i> Broccoli Cantaloupe Brown Rice	November 15, 2018 Vegetarian Chili Cucumber Slices Orange Slices Whole Grain Roll	November 16, 2018 Beef Burger <i>Veggie Burger</i> Baby Carrots Melon Salad Ketchup Whole Grain Bun
November 19, 2018 Grilled Cheese Cucumbers Peas Cantaloupe Brown Rice	November 20, 2018 Chicken Tacos Green Beans Cantaloupe Brown Rice	November 21, 2018 Chicken Teriyaki <i>Tofu Teriyaki</i> Cantaloupe Brown Rice	November 22, 2018 Creamy Chicken Cucumber Slices Peas Cantaloupe	November 23, 2018 Turkey Sloppy Joes <i>Veggie Muffin</i> Baby Carrots Melon Salad Whole Grain Bun
November 26, 2018 Fish Tenders <i>Veggie Nuggets</i> Corn Applesauce Ketchup Whole Grain Bread	November 27, 2018 Southwest Veggie Burger Potato Fries Pear Slices Sour Cream Whole Grain Bun	November 28, 2018 Pizza Muffins w/ Marinara Broccoli Cantaloupe	November 29, 2018 Turkey Sloppy Joes <i>Boca Sloppy Joes</i> Peas & Carrots Pineapple Whole Grain Bun	November 30, 2018 Buffalo Chicken Sandwich <i>Buffalo Tofu Sandwich</i> Baby Carrots Melon Salad Whole Grain Bun

